

THE " WHAT YOU WANT WAY "

by

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Introduction

This short e-book focuses on the greater Knowledge, the great reality of Life that every person should know and use in His or Her Life.

This e-book is for those kind of people like Me that wish to unfold Life in a simple but effective way.

For those people who understand that knowledge without constant application has no value.

For those who want to use their will to improve their lives.

And for those persistent people who never quit.

Let Me tell You why sometimes in Your Life You obtain what You do not want rather that what You DO want or simply let Me tell You how TO receive what You do want :

Do You know how the Universe works ?
Do You know You are a part of the Universe ?

The only way to get everything You want is to work in **HARMONY** with the Universe.

It is not something magical, it is simply the Way the Universe works, by **GROWTH**.

**- WHEREVER YOU FIX YOUR ATTENTION THERE
IS EXPANSION -
- WHEREVER YOU FIX YOUR ATTENTION THERE
IS GROWTH -**

Absolutely, persistently, systematically You have to
" THINK AND TALK ABOUT WHAT YOU WANT "
all the time.

If You Think and Talk about what You **DO NOT WANT**, if Your **ATTENTION** is on something that You really **DO NOT WANT**, then that is exactly what You will obtain.

So When it becomes **HABITUAL** for you to
" THINK AND TALK ABOUT WHAT YOU WANT "
Your Life will become exactly the Way You want.

WHERE IS YOUR ATTENTION ?

By **ATTENTION** I mean Your faculties of thoughts, feelings, words, intentions, expectations, desires, Your physical senses and I also mean Your imagination or what You visualize.

Another word for all this is concentration.

The only value of this information consists in its persistent and practical application.

When I say the Universe works by **GROWTH**, there is a vital thing to understand, **GROWTH** is the essence of Life and in no way means **NEGATION**.
Think deeply and read again the previous concept.
The Universe does not know denial, You create it.
Therefore if You think, feel, and talk like this :

I DO NOT WANT this to happen again.

Actually You are saying:

I DO WANT this to happen again.

I DO NOT WANT does not exist.

Only I DO WANT EXISTS.

Only Your ATTENTION exists.

If Your **ATTENTION** is in something that You **DO NOT WANT** , You will get what You **DO NOT WANT** because :

- WHEREVER YOU FIX YOUR ATTENTION THERE IS EXPANSION -**
- WHEREVER YOU FIX YOUR ATTENTION THERE IS GROWTH –**

The only value of this information consists in its persistent and practical application.

The unique great Principle to constantly apply with determination in Your Life all the time is :

" THINK AND TALK ABOUT WHAT YOU WANT "

This is the secret of successful people, they only

" THINK AND TALK ABOUT WHAT THEY WANT "

successful people consciously or unconsciously do this.
Success or failure is the effect of Your **ATTENTION**.

The only difficulty is this,
No one can do this work for You, it is completely up to You.

The only value of this information consists in its persistent and practical application

Your first task will be to check all Your Thoughts constantly and become aware of what You are thinking and what You are feeling. (You cannot change what you are not conscious of).

You systematically need to ask Yourself ; **WHERE IS MY ATTENTION ?**
Since You have to **" THINK AND TALK ABOUT WHAT YOU WANT "**
whenever You detect a thought opposite to that, You have to change that thought focusing immediately on what You want. (You can only think one thing at a time).

The process is very easy but You have to do this **ALL THE TIME** so You need a **strong WILL.**

Every time You repeat this process, You are creating a new **HABIT** and when this **HABIT** is permanently established, You are on Your Way to transform Your Life in the Way You want.

Be persistent and patient with Yourself.

" THINK AND TALK ABOUT WHAT YOU WANT "

Once You set in Your mind the fact that

- WHEREVER YOU FIX YOUR ATTENTION THERE IS EXPANSION -**
- WHEREVER YOU FIX YOUR ATTENTION THERE IS GROWTH -**

It is very easy to control your thoughts because You are now aware that You **ATTRACT-CREATE** in Your Life the things You think about whether You are thinking something good or bad, positive or negative.

You will get exactly that.

WHERE IS YOUR ATTENTION ?

The only value of this information consists in its persistent and practical application.

Everything in this Universe always **GROWS** and in Your Life it is the same.
With Your **ATTENTION**, You choose what increases in Your Life ;
JOY or PAIN, HAPPINESS or UNHAPPINESS, HEALTH or ILLNESS, WEALTH or
POVERTY etc.

It all depends on where your ATTENTION is.

**- WHEREVER YOU FIX YOUR ATTENTION THERE
IS EXPANSION -
- WHEREVER YOU FIX YOUR ATTENTION THERE
IS GROWTH -**

You can't be JOYOUS or HAPPY if You think about what bothers and worries You.
What You get with Your worry is to materialize Your worry.

You can't be HEALTHY if You think about DISEASE.
Thinking and worrying about disease creates disease.

You can't be WEALTHY if You focus, think and talk about POVERTY.
Thinking and worrying about debts or lack of money creates more debts and lack of
money.

If You **EXPECT** HAPPINESS You will get HAPPINESS.

If You **EXPECT** JOY You will get JOY.

If You **EXPECT** HEALTH You will get HEALTH.

If You **EXPECT** WEALTH You will get WEALTH.

If You **EXPECT** the BEST You will get the BEST.

When You are **EXPECTING** something, You are **CREATING** that very thing.

Remember

**You are a Creator and always Create in accordance with Your
ATTENTION.**

The only value of this information consists in its persistent and practical application.

ATTENTION will lift You up or pull You down, depending on where You put it.

WHERE IS YOUR ATTENTION ?

It does not matter what Your condition is now.

Your present condition is the **EFFECT** of Your past **ATTENTION**.

You have the capability to change every condition You have caused and do not like.

How can You do this ?

From now on You must spend Your entire Energy on Thinking and Desiring **WHAT YOU WANT** only **WHAT YOU WANT** and give no **ATTENTION** to or talk about what **YOU DO NOT WANT**.

Banish from Your mind all things, facts, events and circumstances that **YOU DO NOT WANT**.

Divert Your **ATTENTION** from all that **YOU DO NOT WANT**.

DO NOT use Your precious Energy in the wrong way, **DO NOT** think and talk about **WHAT YOU DO NOT WANT** anymore and then complain about what You Create.

When You Think and Talk about something that You really **DO NOT WANT**, You are infesting Your Life with that ugly thing, You are attaching that to Your Life.

You should know very well **WHAT YOU REALLY WANT** from Your Life, shouldn't You ?

OK. Consequently, work only in that direction.

The only value of this information consists in its persistent and practical application.

Remember

You are a Creator and always Create in accordance with Your ATTENTION.

Your ATTENTION creates the link with the object of Your ATTENTION.

WHERE IS YOUR ATTENTION ?

And so, how do You **CREATE-ATTRACT WHAT YOU WANT** ? There is only one way :

" THINK AND TALK ABOUT WHAT YOU WANT "

And why do You need to **THINK AND TALK ABOUT WHAT YOU WANT** ?

Because

- WHEREVER YOU FIX YOUR ATTENTION THERE IS EXPANSION -**
- WHEREVER YOU FIX YOUR ATTENTION THERE IS GROWTH -**

The only value of this information consists in its persistent and practical application.

Your Life, Our Life is an accumulation of **HABITS** and **HABITS** are **REPETITIONS** of thoughts and actions so, when You

" THINK AND TALK ABOUT WHAT YOU WANT "

all the time, You are transforming Your bad **HABITS** into good **HABITS**. It takes time, effort, determination and a **strong WILL** to yield results. Let me repeat, it takes time, effort, determination and a **strong WILL** to yield results but it is possible and above all it is the only way. You have the power to control Your **ATTENTION** and this is the

GREATEST POWER YOU HAVE.

Your **WILL** has the power to control Your **ATTENTION** and You have an inalienable right to control Your **WILL**, You have to dominate Your **WILL** and do not let Your **WILL** dominate You.

WHERE IS YOUR ATTENTION ?

The only value of this information consists in its persistent and practical application.

You have the power to pick and choose all Your thoughts.

This power gives You the right to decide the direction of Your ATTENTION.

- WHEREVER YOU FIX YOUR ATTENTION THERE IS EXPANSION -
- WHEREVER YOU FIX YOUR ATTENTION THERE IS GROWTH -

Through **REPETITION** of thoughts and actions You have installed all Your **HABITS** good or bad, throughout the same methods You can modify and change Your bad **HABITS**.

It's very easy, You only have to

" THINK AND TALK ABOUT WHAT YOU WANT "

all the time and inevitably You will achieve this, it's only a question of time and practice.
There is no easier way.

Again, Be persistent and patient with Yourself.

You are a Creator and always Create in accordance with Your ATTENTION.

WHERE IS YOUR ATTENTION ?

The only value of this information consists in its persistent and practical application.

The **WHAT YOU WANT WAY** e-book talks about Great Laws, Universal Laws such as :

- The Law of Attraction (the most important Law of the Universe)
- The Law of Cause and Effect
- The Law of Growth

Also **THE WHAT YOU WANT WAY** e-book talks about

- The power of Thoughts
- The power of Feelings
- The power of Words
- The power of Intentions
- The power of Desires
- The power of Visualizations
- The power of the Will
- The power of Expectations
- The power of Habits
- The power of Harmony
- The power of Repetitions to create Habits

The **WHAT YOU WANT WAY** e-book summarizes all this in two great statements :

- **WHEREVER YOU FIX YOUR ATTENTION THERE IS EXPANSION -**
- **WHEREVER YOU FIX YOUR ATTENTION THERE IS GROWTH -**

consequently, all this can be reduced into one absolute statement :

" THINK AND TALK ABOUT WHAT YOU WANT "

You can read books and books, attend seminars about the subject but in the end the only valuable concept or principle You have to bear in mind and use is this :

The only value of this information consists in its persistent and practical application.

" THINK AND TALK ABOUT WHAT YOU WANT "

Now You understand why in this short e-book there are so many **REPETITIONS**. You are trying to undo years of mental programming and **REPETITIONS** are required.

Hence You do not have any more excuses, from this very moment You can start building Your Life in the way You want. This kind of mental work is affordable for everyone without exception and there is no place or circumstance where You cannot use It.

If Your Life is the way You want it OK, if not, now You know why.

If You have spent years **CREATING** what You **DO NOT WANT**, now You have to be patient and persistent in **CREATING** only what **You DO WANT**.

The constant application of the Principle "**THINK AND TALK ABOUT WHAT YOU WANT**" and Your persistence in applying It all the time, in every situation of Your Life will cause small changes at

the beginning but with practice, Your **WillPOWER** will increase and Your results in **CREATING WHAT YOU DO WANT** will increase too.

Do not become discouraged if sometimes You fall back into the old **HABIT** of **THINKING AND TALKING ABOUT WHAT YOU DO NOT WANT** especially when You are stressed or angry.

Simply start again and fix Your **ATTENTION** on **WHAT YOU DO WANT**.

REPETITION
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REPETITION
REPETITION
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REPETITION
REPETITION

The only value of this information consists in its persistent and practical application.

Do You know how a champion becomes a champion ?
Through **REPETITION** of thoughts and actions.
There is no other way, **REPETITION** and a strong **WILL** are the keys for success
in every walk of Life.

A valuable method to remember the Principles

**" THINK AND TALK ABOUT WHAT YOU
WANT "**

and

- WHEREVER YOU FIX YOUR ATTENTION THERE
IS EXPANSION -**
- WHEREVER YOU FIX YOUR ATTENTION THERE
IS GROWTH -**

is to print them and put them in every place You can most frequently see them.
Once You consciously accept these Principles, You have to remember them and use
them all the time.
Print them in this way :

**" THINK AND TALK ABOUT WHAT I WANT
"**

and

The only value of this information consists in its persistent and practical application.

**- WHEREVER I FIX MY ATTENTION THERE IS
EXPANSION -
- WHEREVER I FIX MY ATTENTION THERE IS
GROWTH -**

and then simply let all this becomes a **HABIT**.

IT IS ABSOLUTELY UP TO YOU.

p.s. : the author apologizes for all repetitions there are in this short, practical e-book but repetitions are the key to install new **HABITS**, repetitions are essential for creating new **HABITS**.

The only value of this information consists in its persistent and practical application.

May the message in this short e-book be of great value for You, Your family,
Your
friends and Your acquaintances.

May this message help You to transform Your Life in the Way You Want
and in a permanent Way.

May all of Your Desires in Harmony with the Universal Laws manifest
themselves for
the Good of all.

May You be blessed by Your Thoughts, Your Feelings and Your
ATTENTION.

I AM Your unconditional Friend.

A handwritten signature in blue ink, appearing to read 'Giampaolo Coppari', with a horizontal line underneath it.

Giampaolo Coppari.